

# Campus connection

November 2018 Edition



## Helping students succeed

Your student may be feeling stressed about upcoming Fall term exams. [Student Academic Support Services \(SASS\)](#) provides free and confidential services to help with time management, motivation, taking notes, and more. If your student wants to make an exam preparation plan but isn't sure where to start, they can also meet one-on-one with a [Learning Strategies Advisor](#), located in Stauffer library.



## Quiet Hours

Quiet Hours (22 hours each day) in residences begin on November 25th at 9:00 p.m. and continue every day from 9:00 pm to 7:00 pm the next day. This provides a quiet study environment for students in residence.

## Fuel their Studies!

Help your students through projects and study sessions with [QGifts](#), featuring healthy gift baskets, baked goods from our bakery and Flex\$ top-up packages for late-night snacks!



## Health and Wellness

[Student Wellness Services](#) offers a range of health and counselling services for students, along with activities such as weekly Mood Walks and 40-Minute Focus sessions. Students can also [sign up for therapy groups and workshops](#) to help them cope with stress and manage a busy schedule.

Flu shots are also available at Student Wellness Services, as well as the [DrugSmart Pharmacy](#) on campus.

## Holiday planning

Are you making travel plans for your student for the holidays? Please note that in order to maintain a quiet study environment, students are required to vacate residences no later than 24 hours after completing their last exam. If there is a reason that they need to stay longer, they must request approval to do so using our [Stayover Application form](#).

Students who plan to stay in residence over the holidays should register with us using the Stayover Application form. Please note that the campus is completely closed with no services as of 4:30 p.m. on December 21st and will re-open on Wednesday January 2nd, 2018. **Dining halls will open on January 7th, 2018.**

Campus Security is available to respond to emergencies during the holiday stayover period and Residence Life will also be providing an on-call Don for students, as well as information about community services and events occurring over the holidays.

## Upper-Year and housing info

Is your student thinking about living in Residence next year? A limited number of rooms are available for upper-year students in Smith House and Jean Royce Hall for the 2019/20 academic year. Upper-year accommodations feature an eight-month contract and include a meal plan. Updated details and application forms will be available on the website on November 16, 2018.



## Important Dates:

**November 17:** Fall preview

**November 30:** Fall term classes end

**December 1-4:** Fall Term pre-examination study period

**December 5-20:** Final examinations in Fall Term classes and mid-year tests in multi-term classes

For details on other events visit: [Queen's Event Calendar](#)

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## Questions?

Residence Life Office 613-533-6790, [reslife@queensu.ca](mailto:reslife@queensu.ca)

Residence Admissions 613-533-2550, [reshouse@queensu.ca](mailto:reshouse@queensu.ca)

Student Affairs 613-533-6944 [parents@queensu.ca](mailto:parents@queensu.ca)

Hospitality Services (meal plans) 613-533-2953, [dining@queensu.ca](mailto:dining@queensu.ca)

Not sure who to ask? [Contact Campus Connection](#)