

# Campus Connection



September 2018 Edition



September is a month of adjustments for most first-year students. Move-in and Orientation Week, while exciting can also be tiring - and then there are all the little details that come with moving to a new home and starting a new school year. They are experiencing a lot of change in their lives!

## A new community takes time to develop

Orientation Week is designed to help students begin their transition to university life by getting to know others in their new living environment and in their faculty/school, but the experience can be overwhelming at times, especially for those who may be shy or hesitant to start a conversation with people they don't know. Our [Residence Life team](#) works hard to connect with students and can offer both advice and a friendly ear when needed. They also host several social activities, cultural events and educational programs throughout the entire school year.



## Classes can bring new expectations

University lectures and labs may seem radically different to your student, especially if they have some very large classes or require academic accommodations. [Student Academic Success Services \(SASS\)](#) offers study tips, workshops, one-on-one support and peer programs throughout the year, and the [Student Experience Office](#) offers programs and services to orient students to university life and to support their successful transitions into and through university. All students with disabilities requiring academic accommodations should be registered with [Queen's Student Accessibility Services](#). Queen's also has procedures for students needing academic considerations for [extenuating circumstances](#).

## Staying Safe



After the initial 'togetherness' of Orientation Week, some students may feel anxious about getting home from classes and social activities on their own. There are a number of services available, including [SeQure](#), our safety app, the [AMS Walkhome Service](#) and our 'blue light' [intercom connections](#) to Campus Security, which are located across campus.

Looking for Family Resources? The [Queen's Family and Supports web page](#)

has information, updated monthly, about important dates, deadlines, and links to campus and Kingston resources. Campus Connection is emailed every month to subscribers, and includes information about resources on campus and important deadlines relevant to families with students in residence.

Wondering About Your Student's Meal Plan? Visit our [Hospitality Services website](#) for information about our meal plan and dining hall menus. You can also purchase extra [Flex\\$ and QGifts online!](#) Your student may want to download the Queen's Dining App for convenient access to menus and services hours at all our food service locations on campus.

Does your student have a food allergy? Learn about our services for [students with food allergies](#).

## Q Success

[Q Success](#) is a first-year transition program that matches first-year students with knowledgeable upper-year mentors who can help them develop the skills they need to succeed academically, socially and personally. Whether it's answering questions about classes, introducing your student to campus resources or attending academic workshops together, a Q Success mentor can help your student gain a sense of belonging here at Queen's!



## Queen's Reads

[Queen's Reads](#) is a common reading program that aims to engage the Queen's community in a dialogue around identity, diversity, intersectionality, community and more. Along with distributing a free copy of this year's Queen's Reads book, *Scarborough*, by Catherine Hernandez to all interested students, we will have events throughout the semester including discussion groups, and a visit from the author and more!

## Important Dates:

**Sept. 30:** Total student account balance due (fall term residence fees, Student Activity fees, UHIP)

**Sept. 30:** AMS opt-out period ends for Student Activity fees

**Oct. 1:** AMS opt-out period ends for and Health and Dental Coverage

For details on other events visit: Queen's Event Calendar

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## Questions?

Residence Life Office 613-533-6790, [reslife@queensu.ca](mailto:reslife@queensu.ca)

Residence Admissions 613-533-2550, [reshouse@queensu.ca](mailto:reshouse@queensu.ca)

Student Affairs 613-533-6944 [parents@queensu.ca](mailto:parents@queensu.ca)

Hospitality Services (meal plans) 613-533-2953, [dining@queensu.ca](mailto:dining@queensu.ca)

Not sure who to ask? Contact Campus Connection