



Alcohol Assignment – eChug Survey and Personal Reflection

Residence Life creates a community environment where our students can feel a sense of belonging, build resilience, and be academically successful. We encourage the personal development of our community members by holding individuals accountable for violations of the residence behavioural expectations.

The Residence Rules and Regulations (ResRules), as a part of the overall residence experience, are designed to:

- Create connection and belonging within a safe and respectful residence community.
- Challenge residents to think critically, accept responsibility for their actions, and learn and grow from their experiences.
- Emphasize the rights, responsibilities, dignity, and academic pursuits of all residents.

Educational sanctions are designed to provide residents who have been found responsible for a violation of the ResRules with the opportunity reflect on their behaviour and the consequences of their actions. Educational sanctions are not academic assignments.

Learning Outcomes

Residents who complete the eChug Survey and Personal Reflection will:

- Assess their habits and patterns of behaviour as it relates to alcohol consumption.
- Evaluate the impact their drinking habits may have on their wellbeing, relationships, and academics.

Timeline

Your completed sanction is due back to the Residence Student Conduct Assistant (resrules@queensu.ca) or Victoria Hall Room 102C) **within five business days** from the date of your Decision Letter.

If you require any accommodations to complete your educational sanction, contact the Residence Conduct Office at resrules@queensu.ca or 613-533-6000 ext. 78102/79015.

Failure to complete this sanction will result in a follow-up meeting with a member of the Residence Life staff team.

Instructions

1. Go to <http://www.queensu.ca/studentwellness/health-promotion/health-resources/alcohol> and complete the online e-CHUG survey
2. Print off your 1st 2 pages of your personalized responses and the copy of the Certificate of Completion
3. Complete the following personal reflection questions:
 - a. Based on your personalized responses, reflect on two things that you learned from completing this survey about yourself and your own use of alcohol.
 - b. Based on the survey, discuss two things you learned about alcohol consumption on Queen's campus. Did anything you learn surprise you? How or why were you surprised?

Deliverables

You have the option of submitting your response in one of the formats listed below. Please ensure that all submissions are PC compatible. If you are using an iOS system, please submit the documents in a format compatible with Microsoft applications. (i.e: .doc, .docx, .pdf, .ppt, .mov, .wav, .mp4)

- Written Response (typed, 12pt font, double-spaced, approximately 500 words)

- Video Response (5-10 minutes in length)
- Slideshow (minimum ten slides, including both text and graphics)

We expect that the tone of this assignment will be considerate, respectful, and use appropriate language. **Your response will be reviewed** and if there are concerns or questions with your response you may be contacted by your Residence Life Coordinator to set up an appointment to discuss it further.

If there is any evidence of plagiarism, your sanction will be considered incomplete and you will be required to re-submit.

If you would like to present the information in a way that is not listed above, contact the Residence Student Conduct Office resrules@queensu.ca or 613-533-6000 ext. 78102/79015) before the deadline to discuss how it meets the requirements and objectives of the educational sanction.